"No one can imagine

how it feels to be

blown out of

the cancer cannon.'

Wellwood client

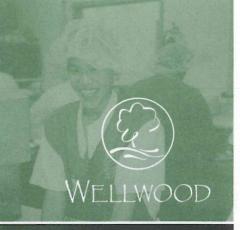




2004
ANNUAL REPORT



 $"Helping\ People\ to\ Live\ Well\ with\ Cancer"$



Wellwood now has 200 incredible, talented, dedicated, remarkable active organizational Volunteers!

There are also dozens more who give their time and energy on a situational basis, such as at special events.

THANK YOU to each and every one of you for all that you give of yourselves.
You are what makes Wellwood such a special place.

"I have cancer but I also have windy summer mornings in the rain and an active sense of awe at all that I can still touch and taste and see and hear and breathe in at any given moment.

I have the crystal-clear understanding that recovery is worth only as much as the life you're recovering."

— Lila Keary



Dear Friends of Wellwood:

It has been another incredible year for Wellwood.

As many of you will remember, 2003 concluded with the transformative gift from the Juravinskis and ushered in a year of sustainability. The Board decided to name Wellwood's Chedoke site after Charles and Margaret as an expression of our appreciation, and they have accepted that honour.

Several other major campaign gifts arrived. Among the donors were: Joe Ng; Doug and June Barber; and Wellwood's NYC marathon dream team.

This year, the capital campaign shifts into high gear as the finish line is within sight. The Board's financial work focused on the investment of the endowment and navigating this final stage of the capital campaign, while maintaining the level of required operating funding. While we shared in the sorrow and horror of the recent events in Southern Asia, we also, along with all other charities, now brace for the impact of the tsunami relief effort on fundraising, much as we saw following the events of September 11, 2001, and the outpouring of generosity that followed.

The Ontario Trillium Foundation provided Wellwood with a three-year grant totaling \$109,000 for programming, evaluation and marketing. The funded programming initiatives include the work that is well underway at Wellwood to ensure that we are best meeting the needs of traditionally marginalized groups. We are proud to take an active role in this work and are committed to the ongoing efforts we must make internally, as well as in our community, to be truly inclusive. Wellwood's community linkages and partnerships will play a vital role in this process and we thank those individuals and organizations, along with Trillium, for helping us to work to meet the needs of our potential clients.

Along with our fabulous annual Fortinos Wellwood Spaghetti Dinner (scheduled in 2005 for September 28) we welcomed another annual fundraising event, the Wellwood 1K/5K Walk/Run at McMaster. We thank the volunteers and participants at both of these events for their support of the work we do.

We welcomed a new leader of the Juravinski Cancer Centre with the arrival of Dr. Bill Evans, and we are delighted with the enthusiastic response that we have received to our welcome as a community partner. Murray Martin, CEO of Hamilton Health Sciences, also continues to be an active and vocal supporter of Wellwood, and we are grateful to him and to his colleagues in senior management at the hospital for their solid trust in and respect of our work.

Changes to provincial privacy legislation have altered the way in which many organizations can identify individuals, whether donors, clients or volunteers. Privacy has always been a core value at Wellwood, so process changes at the Centre were minimal. We thank our volunteers, staff and clients for all that they do to help us to respect the privacy of those who need our support.

The year ahead holds the promise of great change. While the final outcome will be wonderful, the path from where we are to where we are going will be a challenging one. Wellwood will participate in the redevelopment of the Henderson, while beginning to plan the construction of our second community-based site at Chedoke. Already, the enthusiasm, support and flexibility of our volunteers, staff and clients is making the difference. We will ensure that we maintain the quality of programs and services while we prepare for change and growth. And the future looks bright indeed.

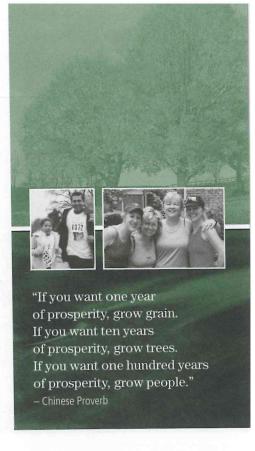
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Ann Scott



FINANCIAL STATEMENTS As at March 31, 2004

ASSETS	2004	2003
CURRENT		
cash/short-term deposits	2,187,833	126,372
accounts receivable	12,581	
inventories	4,642	
	548	456
prepaid expenses		
	2,210,912	126,828
capital assets	4,624	4,256
Capital assets		
incorporation costs	684	684
Section Processing		
	. 2 240 042	121 760
	2,210,912	131,768
LIABILITIES	7,196	6,725
accounts payable	7,130	0,723
deferred contributions	122,081	59,500
deletted contributions		
	129,277	66,225
NET ASSETS	4.604	4.256
net assets invested in capital assets	4,624	4,256
net assets restricted for endowment purposes	2,000,000	
net assets internally restricted for stability purposes	1,244	
unrestricted net assets	75,767	
	2 004 635	CE E42
	2,081,635	65,543
	2,210,912	131,768
REVENUES	- 1	
donations	35,444	58,839
grants/partnership funds	112,000	71,378
fundraising/income	18,505	7,926
investment income	1,781	1,097
myestment income	1,701	20 F 20 (20 (2))
	4.57.720	139,240
	167,730	159,240
EXPENSES		0.334
advertising/travel/promotion	1,327	1,113
amortization	1,414	1,456
fundraising	11,995	5,217
insurance	3,846	3,328
miscellaneous	1,145	808
office admin/wages	117,513	110,767
	3,887	4,437
office supplies	2,985	4,163
printing/postage	5,631	5,273
professional fees		3,479
volunteer expenses	1,895	
	151,638	140,041
	# ⊅ + *	
excess (deficiency) of revenue over expenses		(004)
925	16,092	(801)



How can I help WELLWOOD to help others?

Volunteer the gift of your time and talents.

Make a donation.

Support sustainability by donating a smaller amount on a monthly basis.

Remember and celebrate a life through a memorial gift.

Honour a special event, such as a birthday or anniversary, with a gift in someone's name.

In planning your estate, consider naming Wellwood as a beneficiary.

Contribute to the capital campaign to help to build the new site.

Consider giving art, equipment or furniture.

FUND BALANCES

net assets, end of year

2,081,635

65,543







Wellwood Programs & Services

PEER SUPPORT

Peer Mentorship
On-site Workplace Support
Patient and Family
Advocacy
Six Nations Programming
Support
Living Well with Cancer
Support Group
Support Group for
Gynecological Cancers

Breast Cancer Peer Support Group Caregivers Peer Support Group Teen Peer Support (online) Young Adults Peer Support (online) Support for Parents

Bereavement Support and

Referrals

MOVEMENT & COPING STRATEGIES

Meditation Yoga Tai Chi Reflexology Therapeutic Touch

CREATIVE EXPRESSION

Expressing Your Journey Through Art Art=Fun for Children Squares of Care Knitting Baskets Quilting Group

INFORMATION & NAVIGATION

Wellwood Newsletter
Grief and Loss
Workshops
Lending Library
Monthly Educational
Series
Navigational Assistance to
Access Services
Internet Links to Validated
Cancer Sites

BOARD OF DIRECTORS 2004-2005

Ann Scott

Mary Lou Dingle Hal Hirte

Belinda Zylstra

Jim Hoult Barbara Stoskopf David Seldon

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Olive Wahoush

Andrea Miller VICE-PRESIDENT

Kathleen Willison
Consultants:

Mark Matthews

Denny DePetrillo Alejandro Jadad Morteza Jafarpour

Diane Branch

Jan Kahehti:io Longboat Jack Laidlaw

K. Jane George

Barbara Love Maureen O'Connor

WHAT WILL WELLWOOD LOOK LIKE IN FIVE YEARS?

Bursting at the seams in its current space, Wellwood was always intended to be a community-based centre, but the early plans for a move into the community were quickly replaced with the dream of expansion into the community while maintaining the hospital-based site.

Wellwood is meeting a crucial need at the Henderson: we are helping people in crisis: we are comforting those who have learned the devastating news of a diagnosis, spread of the cancer, or a recurrence; we are supporting those who are, in turn, supporting loved ones who are in hospital and, in some cases, actively dying; we are there for those in active treatment; we are there for in-patients; we are there for the residents of Lakeview Lodge, isolated from their own families and local support systems.

Wellwood's new Juravinski House, our community-based site, will be a place of hope and healing and laughter and light. It will be:

- built on a one-acre package of land at Chedoke;
- · located on a bus route, to ensure economic accessibility;
- easy to find for those with cognitive challenges from disease or treatment, or with language barriers;
- lovely, but not too grand or intimidating;
- a single floor plan to ensure barrier free access and safety for those with physical challenges;
- completely accessible for disabled persons;
- within an area perceived as safe;
- designed around its healing garden.

As Wellwood's "Community Roots" capital campaign nears its finish, please join us by making a gift. Together, we will make our dream a reality.

